



The Bridges
at Abbey Street

Worried about what will happen to you when you get out of prison? The Bridges may be the solution.

SECONDARY TREATMENT

The Bridges is a secondary and third stage residential treatment unit that was set up to help you get your life back on track when you leave prison. It is open to any man over the age of 18 who has completed a 12-step primary treatment programme.

Everyone is provided with a single bedsit. The intensive programme lasts 12 weeks. All treatment is delivered through lectures, workshops, assignment groups, group therapy and 1-1 counselling sessions.

The Bridges aims to enable men to learn new ways of life, free from chemical dependency. Full professional support is provided with regard to finding employment and housing, as well as engaging with local 12-step fellowship meetings.

The Bridges, 128 Holderness Road, Hull HU9 1JP

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THIRD STAGE

The Bridges has a number of self-contained flats funded by Housing Benefits and charitable donations from the Paul Hamlyn Trust. You will be supported in your time in third stage to find work locally and to save money so that you have a real choice about where you live when you move out. Many of our ex-residents live and work locally and have made the successful transition from The Bridges back into the community. Others have been helped to resettle in locations throughout the UK.

A full time resettlement worker will help you with benefit claims and finding work.

HOW TO APPLY – If you are prison-based contact your 12-step primary drug treatment manager to say that you would like to be considered for secondary treatment at The Bridges.

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